

CUTANEOUS VASCULITIS AS A PARANEOPLASTIC SYNDROME IN CHILDHOOD

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Abstract

Introduction: In children, vasculitis as a paraneoplastic syndrome has never been reported before. In this work we report a vasculitis syndrome as a neoplasm onset manifestation in a child and we discuss our case regarding the data from literature.

Case report: A 7-year-old girl presented with hand and foot ulcerations, fixed cyanosis and pallor. During investigation, a central nervous system (CNS) rhabdomyosarcoma with metastasis on multiple sites was diagnosed.

Discussion: Rhabdomyosarcomas represent 5 to 8% of childhood neoplasms, although the CNS seldom is the primary site. In the indexed English language literature there were no published cases of vasculitis associated with rhabdomyosarcoma in any ages, neither of vasculitis as a paraneoplastic syndrome in childhood, which suggests that the described report is the first being published. Awareness of this possible coexistence could allow to an earlier diagnosis of neoplasms expressed by vasculitis, leading to an earlier treatment and a longer survival.

Keywords: Vasculitis; Rhabdomyosarcoma; Paraneoplastic Syndrome; Childhood.

Resumo

Introdução: A ocorrência de vasculite como expressão de uma síndrome paraneoplásica nunca

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foi descrita em crianças. Relatamos o caso de uma criança com vasculite paraneoplásica e discutimo-lo, correlacionando-o com os dados da literatura.

Caso clínico: Menina de 7 anos que iniciou um quadro caracterizado por úlceras nas mãos e nos pés. A investigação diagnóstica revelou um rhabdomyosarcoma do sistema nervoso central (SNC) com metástases em múltiplas localizações.

Discussão: Os rhabdomyosarcomas representam cerca de 5 a 8% das neoplasias na infância. A localização primária no SNC é rara. Não encontramos relatos publicados na literatura em língua inglesa indexada de vasculite associada a rhabdomyosarcoma em nenhuma faixa etária, nem de vasculites como síndrome paraneoplásica na infância, o que nos leva a crer que este seja o primeiro caso descrito. O alerta para esta possibilidade tem como objectivo estimular o diagnóstico mais precoce de neoplasias que se manifestem como vasculite, permitindo um tratamento mais precoce e um aumento da sobrevida.

Palavras-Chave: Vasculite; Rhabdomyosarcoma; Síndrome Paraneoplásica; Infância.

Introduction

The prevalence of malignancies in adult patients with vasculitis has been estimated in 3 to 8%.¹ Hematological malignancies are the most frequently observed.²⁻⁶ Lung and colic tumors are the most frequent solid tumors reported.¹ Vasculitis may be the initial presentation of a neoplasm otherwise completely asymptomatic.⁷⁻¹⁰ Vasculitis manifestation varies from 25 months before to 9 months after the cancer diagnosis.¹ The most frequently described vasculitis in these cases are leukocytoclastic and polyarteritis nodosa.^{4,11,12} Hypotheses suggested to explain coexistence of neoplasms and vasculitis involve treatment, tumor antigen leading to immu-



Figure 1. Cyanosis and ulceration in the palms.



Figure 2. Cyanosis and ulceration in the soles.

ne complex formation, lymphokines and other vasoactive substances.^{1,13} Treatment of malignancy often results in regression of the subjacent rheumatologic disease.^{12,14} In children, vasculitis as a paraneoplastic syndrome has never been reported before. In this work we report a child's case and discuss it with regard to the literature data.

Case Report

A 7-year-old female child presented with an ischemic, painful lesion, which evolved with ulceration of the second left toe, followed by similar lesions in fingertips of the hands. She had enlargement of a cervical node, measuring 1.5 cm, which was soft and painless and presented also with fixed cyanosis, pallor areas and reddish palmar and plantar regions (Fig. 1 and 2). Laboratorial assessment revealed hematocrit = 25%, hemoglobin = 9g/dL (12-18g/dL) leukocyte count = 25,000 (45% neutrophil, 39% lymphocyte), platelet count = 671×10^3 ($150-450 \times 10^3$) CRP = 98mg/L (<6mg/L), C3 = 263mg/dL (7-150mg/dL) and C4 = 44mg/dL (10-40mg/dL); prothrombin time, partial thromboplastin time, fibrinogen, biochemistry and urine were normal. Antinuclear antibodies (ANA), anti-neutrophil cytoplasmic antibodies (ANCA), anti-DNA and anticardiolipin antibodies were negative. Serologies for toxoplasmosis, rubella, hepatitis B and C, HIV and HTLV I and II were negative. Skin biopsy was not performed. She was treated with intravenous methylprednisolone (30mg/kg) for three days, and then oral prednisone (60mg) and low-weight heparin. New ulcerations on finger tips appeared although anemia improved and leuko-

cyte number rose to 33,000. Echocardiogram, abdominal ultrasound and chest X-ray were normal. Doppler ultrasound showed superior and inferior limbs arteries with a high-resistance flow pattern, suggestive of distal vasoconstriction. Videocapillaroscopy showed capillary loops in palisade, narrowed capillaries, slow blood flow and loss of capillaries, suggesting hypertensive stasis. Methotrexate, pentoxifylline and nifedipine were added to treatment and subsequently buflomedil, because of inadequate response to nifedipine. There was improvement of cyanosis, which was substituted by reddish areas.

After one month, she presented night headaches, which woke her up and worsened when she lay down. This picture was followed by vomits, drowsiness and anisocoria. Computed tomography (CT) scan showed a large mass, measuring 8,4×6,5×5cm (91cm³) in the right occipitotemporal area.

She was submitted to a tumor resection surgery and a marked improvement of cutaneous lesions was observed. Tumor histology and immunohistochemistry proved to be a rhabdomyosarcoma. After further investigation tumor dissemination in retroperitoneum, bladder, lungs and cervical nodes was detected. Radiotherapy was initiated, but she died after one month due to sepsis.

Discussion

Despite the absence of systemic involvement on admission and of a biopsy confirming vasculitis, the severity of the cutaneous lesions and the pos-

sibility of fingers gangrene were considered indications for treatment with corticosteroids, heparin and vasodilators. Since vasculitis as a paraneoplastic syndrome is not a complication described in children as it is in adults, this hypothesis was not considered. Neurological symptoms began 1 month after treatment of vasculitis was started. Immunohistochemistry revealed a CNS rhabdomyosarcoma, a tumor not related to vasculitis as paraneoplastic syndrome, even in adults.

Vasculitis is one known rheumatologic paraneoplastic syndrome, but other conditions such as hypertrophic osteoarthropathy, dermatomyositis/polymyositis, fasciitis, panniculitis, erythema nodosum, Raynaud's syndrome, erythromelalgia and lupus-like syndromes can occur. Rheumatologic manifestations suggesting an occult neoplasm include rapid onset of an unusual inflammatory arthritis or diffuse bone pain in a patient older than 50 years of age, unexplained chronic vasculitis, refractory fasciitis, Raynaud's syndrome irresponsive to vasodilator therapy, rapidly progressive digital gangrene or Eaton-Lambert's myastenic syndrome.¹⁴

Rhabdomyosarcomas represent around 5 to 8% of childhood neoplasms and the central nervous system is seldom the primary site.^{15,16} These tumors origin from embryonic mesenchyme of striated muscle cells. Main sites of metastasis are lungs, lymph nodes, bones, liver and brain.¹⁷

In this case, it was impossible to establish the primary site, since the disease was already disseminated when diagnosed. Nevertheless, based on the dimensions of the CNS mass, we consider that this could be the primary site. Medium survival in cases of CNS primary rhabdomyosarcoma is 8 to 10 months, despite aggressive chemotherapy and radiotherapy.¹⁶ In our case, survival was three months after the vasculitis onset.

Paraneoplastic syndromes described in association with rhabdomyosarcomas, independently of their location, are anti-Hu syndrome,¹⁸ membranous nephropathy,¹⁹ retinopathy,²⁰ and hypercalcemia.²¹ In the indexed English language literature we did not find any report of coexistent vasculitis and rhabdomyosarcoma at any age, or of vasculitis as paraneoplastic syndrome in childhood, which suggests that this is the first published case. Awareness of this possible coexistence could allow an earlier diagnosis of neoplasms expressed by vasculitis, leading to an earlier treatment and a longer survival.

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